## 1 Am Free From the Grip of Grief! 7 Declarations for Brighter







- 1\* I will make this bad situation work for my good!
- 2\* This is an opportunity for me to prove how strong I am!
- 3\* Healing is happening!
- 4\* I am superior to these circumstances!
- 5\* I am focused on moving forward!
- 6\* I don't just cope. I conquer!
- 7\* I am not a victim. I am victorious!

